

the Vain Clinic

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Vein History and Medical Necessity

Name _____ Date _____

1. Which of the following are causing you concern? (Circle all that apply)

Spider Veins

Bulging Varicose Veins

Leg swelling

2. How long have your veins been a problem? _____

3. Do your veins limit your daily activities due to discomfort? YES NO

4. Does prolonged sitting or standing aggravate your veins? YES NO

5. Have you ever noticed any of the following occur during activity or after prolonged standing? (Circle all that apply)

Aching

Fatigue Swelling

Itching Pain

Burning

Exercise intolerance

Feeling of heaviness

Skin changes

6. Have you ever had any of the following? (Circle all that apply)

Bleeding from a spider vein

Slow or non-healing skin ulceration

Significant, recurrent superficial phlebitis **Darkening of the skin**

7. Have you ever been treated for ulcerations or a blood clot in your leg? If yes, when and which leg? What was done?

8. Are you allergic to Lidocaine? YES NO

9. In past months or years, how have you attempted to manage your varicose vein symptoms? (Circle all that apply)

Compression Stockings

Attempted weight loss

Exercise

Leg elevation

Medications (Motrin, aspirin, etc.)

10. Do you experience any of the following symptoms? (circle all that apply)

Chest pain Shortness of Breath

Prolonged Bleeding

Fevers

Chronic Cough

New onset of leg swelling

Fainting Easily

Stroke

Patient's signature _____